



Pillows, Paths, and Piles

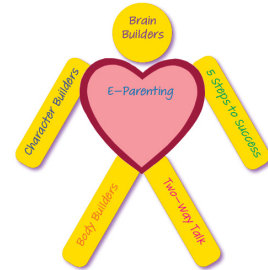
Handout A66

Other ways I can help my baby practice their growing physical skills:

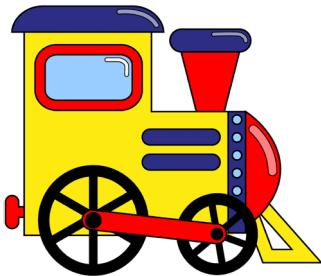
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Which Daily Do I want to focus on practicing:

- _____



When will we do this activity:



- _____
- _____

Which skills or concepts I want my infant to learn:

- _____
- _____

How to do this activity:

1. Use **Ready for Play and Learning** to see if your baby is ready to play and learn. Remember to use **5 Steps to Success** as you help your infant explore their natural curiosity during the activity.
2. Using a variety of pillows and sofa/chair cushions, make pathways and piles in an open area. Remember to check to ensure there are no hard or sharp edges for your baby to bump into.
3. If you're able, join your infant on the floor and invite other family members to play along. Then, with you or another person "being the leader," encourage your baby to follow you crawling down the pillow path and climbing onto and over the pillows. Be silly, talk loudly, and exaggerate your own movements to spark their curiosity. For example, you might pretend you're a train on a track.